#### **HHV ANTI-BULLYING POLICY**

### The HHV will:

- · recognise its duty of care and responsibility to safeguard all participants from
- promote and implement this anti-bullying policy in addition to our safeguarding policy and procedures
- seek to ensure that bullying behaviour is not accepted or condoned
- require all members of HHV to be given information about, and sign up to, this policy
- take action to investigate and respond to any alleged incidents of bullying
- encourage and facilitate children and young people to play an active part in developing and adopting a code of conduct to address bullying
- ensure that staff, volunteers and coaches are given access to information, guidance and/or training on bullying.

# Each member, coach, volunteer or official will:

- respect every child's need for, and rights to, an environment where safety, security, praise, recognition and opportunity for taking responsibility are available
- respect the feelings and views of others
- · recognise that everyone is important and that our differences make each of us special and should be valued
- show appreciation of others by acknowledging individual qualities, contributions and progress
  - be committed to the early identification of bullying, and prompt and collective action to deal with it
- ensure safety by having rules and practices carefully explained and displayed for all to see
- report incidents of bullying they see by doing nothing you are condoning bullying.

## **Bullying**

Bullying includes a range of abusive behaviour that is repeated and intended to hurt someone either physically or emotionally.

- All forms of bullying will be addressed
- Everybody in HHV has a responsibility to work together to stop bullying
- Bullying can include online as well as offline behaviour
- Bullying can include:
  - physical pushing, kicking, hitting, pinching etc.
  - name calling, sarcasm, spreading rumours, persistent teasing and emotional torment through ridicule, humiliation or the continual ignoring of individuals
  - posting of derogatory or abusive comments, videos or images on social network sites
  - racial taunts, graffiti, gestures, sectarianism sexual comments, suggestions or behaviour
  - unwanted physical contact
- · Children with a disability, from ethnic minorities, young people who are gay or lesbian, or those with learning difficulties are more vulnerable to this form of abuse and are more likely to be targeted.

# Support to the child

- · Children should know who will listen to and support them.
- Systems should be established to open the door to children wishing to talk about Bullying or any other issue that affects them.
- Potential barriers to talking (including those associated with a child's disability or impairment) need to be identified and addressed at the outset to enable children to approach adults for help.
- Children should have access to helpline numbers.
- Anyone who reports an incident of bullying will be listened to carefully and be supported.
- Any reported incident of bullying will be investigated objectively and will involve listening carefully to all those involved.
- Children being bullied will be supported and assistance given to uphold their right to enjoy their sport and live in a safe environment which allows their healthy development.
- Those who bully will be supported and encouraged to stop bullying.
- Sanctions for those bullying others that involve long periods of isolation, or which diminish and make individuals look or feel foolish in front of others, will be avoided.

# Support to the parents/carers

- Parents/carers to be advised on HHV bullying policy and practice.
- Any incident of bullying will be discussed with the child's parents/carers.
- Parents/carers will be consulted on action to be taken (for both victim and bully) and agreements made as to what action should be taken.
- Information and advice on coping with bullying will be made available.
- Support should be offered to the parents/carers including information on other agencies or support lines.

# **Useful contacts**

HHV Welfare Officer Thea Smith tsmith@hhvt.org

NSPCC Helpline 0808 800 5000

ChildLine 0800 1111 / www.childline.org.uk

Anti-Bullying Alliance <u>www.anti-bullyingalliance.org.uk</u>

Kidscape <u>www.kidscape.org.uk</u>

British Cycling Lead Safeguarding Officer 0161 2742000